Doonbank Trofee Cyclocross
Rozelle Park, Ayr
22nd January 2017
Event information guide

Welcome

Well done you! You have entered the third Doonbank Trofee Cyclocross in Ayr, hosted by Ayr Burners Cycling. We've prepared this guide to help you plan for and enjoy your day. We've also prepared it so that JP and Chris know what they are meant to be doing. If you see them looking dazed and confused on the day please feel free to prompt them with a cue!

What?

The 'Doonbank Trofee' is a day of cyclocross fun for all ages. We have access to a lovely scenic park just next door to the Bard's birthplace in Alloway so we hope he enjoys an early birthday present.

We have two competitions taking place:

- **Round 2 of the Super Quaich Series,** for everyone over 16
- **Round 4 of the SC South West Winter Series,** for everyone under 16

Cyclocross racing is by far the bestest racing out there. Typically a winter discipline, it sees competitors charge around an off-road circuit for anything up to an hour, looking for the fastest way to face obstacles including hurdles, sand, mud and deeper mud. This should, and will, involve a bit of running.

The Super Quaich

The Super Quaich is a four-race series, insured via TLI (www.tlicycling.org.uk). It's primary aim is to maximise and extend the thrill of racing throughout all ability levels. We want as many riders as possible to have a rider just ahead of them and a rider chasing them close behind. When this happens every rider gets a racing experience.

Visit www.superquaich.cx for all the relevant rules on points etc.

SC South West Winter Series

The SC South West Winter Series is a multi-race

TLI Technical Regulations:

The DoonBank Trofee Super Quaich races are run under the regulations of TLI Cycling.

All participants will sign the following statement prior to the event:

> *I agree to abide by TLI Cycling Rules and Regulations and agree that I participate entirely at my own risk. I must rely on my own ability in dealing with hazards and ride in a manner which is safe for myself and others. I am aware that when racing on the Public Highway, the function of the Marshals is only to indicate direction and that I alone must determine whether any movement I make is safe. I agree that no liability whatsoever shall be attached to the promoter, promoting club, sponsor, TLI Cycling or it's officials, or officials and members of the promoting club, in respect of any injury, loss, or damage suffered by me or by reason of taking part in this event, howsoever caused. I am not subject to any suspension imposed on me by any other Cycling Organisation which I have not declared to TLI Cycling.*

TLI Cycling competitors are divided into categories, such categories being determined in the first instance by age on the day of the event.

Age	Male	Female
6 - 7	U8	
8 - 9	U10	
10 - 11	U12	
12 - 13	U14	
14 - 15	U16	
16 - 17	J	
18 - 29	S	B
30 - 39	M	C
40 - 44	A	D
45 - 49	B	E
50 - 54	C	F
55 - 59	D	G
60 - 64	E	H
65 - 69	F	H
70 - 74	G	H
75 plus	H	H

3.5 It is the responsibility of the competitor and/or the parent or guardian in the case of under 18s, to ensure that for every race held under these regulations his cycle is in a safe condition.

3.6 Race clothing must be that which is in current usage in International Cycle Racing. Trade designs are permitted but offensive slogans or badges are strictly forbidden. The organisers decision is final.

3.8 Members must produce their Membership/License Card at Race Control. Organisers should refuse entry to the event, or require the completion of a Day Membership form and payment of a Day Membership fee of £5 if the card is not produced.

3.9 Approved helmets are compulsory in all TLI Cycling grouped start events

3.10 Any competitor proved to have competed in any TLI Cycling event whilst under the influence of a recreational drug, or performance enhancing substance currently appearing on any proscribed list of the International Olympic Committee or and WADA, shall be disqualified and subject to TLI Cycling disciplinary procedures. Exception will only be made for medication prescribed by a registered Doctor and used as prescribed for medical reasons.

British Cycling Techincal Regulations:

The DoonBank Trofee youth races are run under the regulations of British Cycling. A handpicked selection of relevant Cyclo Cross event rules from Scottish Cycling's 2014 Technical Handbook appear below:

12.10 EQUIPMENT PITS

12.10.1 The equipment pit is that part of the circuit where riders can change wheels or bicycles. Servicing and the changing of bicycles will only be allowed in these pits. Any rider passing the exit of the pit area must continue on the course until reaching the next pit area. The provision of equipment pits is obligatory in all races except those for under 12s and those promoted under the Go-Cross category.

12.10.5 Pits shall be straight and in clearly defined areas. They should be signposted and precisely marked by yellow flags at each corner.

12.10.6 At the side of the pit area a zone at least 2 metres deep shall be set aside for riders' assistants and their equipment.

12.10.7 In category A events the race lane and the pit lane shall be separated and distinctly marked out by tape or barriers. A rider may use the pit lane only in the event of a change of bicycle or wheel. Access shall be provided for riders' assistants only on one side of the pit lane.

12.11 CONDUCT OF COMPETITORS

12.11.1 Where practicable, thirty minutes should be allowed before the start of events (other than those for under 12s) for on-course inspection and training by the respective riders.

12.11.2 All races shall be started by an audible signal from a point not visible to competitors. No indication shall be given to competitors of the passing of seconds immediately before the start.

12.11.3 Riders found to be causing false starts shall be penalised at the discretion of the Commissaire. The method of stopping a false start shall be defined by the start official during any pre-race instructions.

12.11.4 Riders shall start with the front wheel behind the line and with at least one foot on the ground.

12.11.5 Riders shall not receive assistance at the start, or during the event. The handing up of refreshment is forbidden.

12.11.6 Any rider deliberately leaving the course shall be deemed to have retired from the event.

12.11.7 No competitor shall cover any part of the course without his machine.

12.11.8 When being lapped, it is the responsibility of the lapped rider to surrender the racing line.

12.11.9 All competitors, whilst training or racing on the course, shall wear properly affixed protective headgear which must be of a hard/soft shell construction. The responsibility for ensuring that the protective headgear is of a standard sufficient to provide adequate protection in the case of an accident whilst training or racing on the course shall lie solely with the competitor. NB: advice on helmet standards may be found in the note appended to SC technical regulation 1.17.1.

12.11.10 No member of SC/BC other than those competing or officiating shall be permitted to ride on a course whilst a race is in progress.

12.11.11 The first three riders wherever practicable shall receive their awards directly after the event has finished and adjacent to the finishing area.

For more visit www.scottishcx.org.uk

Have fun and see you again in 2018!